

## JOINT STATEMENT on COVID-19



## **Kendall County Board and Health Department Recommend Face Coverings and Social Distancing**

Together, the Kendall County Board and the Health Department strongly recommend that residents wear face coverings and social distance by at least 6 feet when outside of their home.

COVID-19 is a highly contagious respiratory disease spread primarily between people who are in close contact or within 6 feet of each other for more than 15 minutes. The disease is spread through respiratory droplets produced when an infected person speaks forcefully, coughs or sneezes. It can also be spread by touching one's mouth, eyes, or nose with unwashed hands that have come in contact with infected respiratory secretions.

While most people who contract the disease will recover on their own, some will need intense medical care. The first cases of Covid-19 appeared in Illinois in January and since then, Kendall County has seen over 1000 local cases and over 20 deaths attributed to the virus. Cases are continuing to rise on a daily basis.

Earlier this year, Illinoisans worked hard to slow the virus' spread when stay-at-home restrictions were put in place. As these restrictions are now easing and our state and county are slowly getting back to normal, we must remember that the Covid-19 is still present in our community and we need to follow simple steps to keep it under control.

Following these recommended steps will help keep you and your loved ones safe as Kendall County reopens:

- Maintain social distance (6 feet or more) from others
- Wear facemasks that cover your nose and mouth when in public and especially if unable to maintain
  6 feet of distance from others
- Frequently wash your hands with soap and water
- Hand sanitizer, while certainly helpful, should not be a replacement for routine and proper hand washing

Additional information and guidance can be found at the following websites:

- Centers for Disease Control Guidance Documents and National Data
- Illinois Department of Public Health <u>Statewide Guidance and Data</u>
- Illinois Department of Commerce and Economic Opportunity Restore Illinois Guidelines
- Kendall County Health Department Public Service Announcements and Daily Data

The Kendall County Board, along with the Kendall County Health Department continue to be committed to the health and safety of the citizens of Kendall County. If you have any questions, please contact the Kendall County Health Department at (630)553-9100.