# CRISIS and SUICIDE PREVENTION/ INTERVENTION SERVICES



Kendall County
Health Department
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www.kendallhealth.org

# CRISIS AND SUICIDE PREVENTION SERVICES

KCHD Crisis and Suicide Prevention Services delivers proactive services designed to reduce individual, family, and environmental risk factors, increase resiliency, enhance protective factors, and achieve individual and comprehensive community wellness.

KCHD delivers crisis and suicide designed intervention services for comprehensive prevention, intervention, and postvention. Service goals include the assessment and immediate stabilization of acute symptoms of mental illness, alcohol and other drug abuse, and emotional distress or in response to acts of domestic violence or abuse/neglect. These services are designed to provide thorough assessment, intervention, and closure strategies to suicidal and crisis episodes.

Crisis is a perception of an event or situation as an intolerable difficulty that exceeds the resources and coping mechanisms of the person, causing a disruption in normal life. KCHD Crisis Intervention Services are designed to interrupt a crisis experience and provide amelioration of psychiatric distress. Through application of client strengths and utilization of community supports, the individual can experience relief to his or her crisis episode in a culturally meaningful manner in the least restrictive community setting. The goal of KCHD Crisis Intervention Services is to help facilitate immediate emotional relief to the individual in crisis.

KCHD Crisis Intervention Services are available in English and Spanish. Translation and interpretation is also available through the Language Line for service delivery to diverse populations. Services are delivered in a culturally sensitive manner and adapted to the client's level of functioning. Face-to-face crisis intervention services are available at the Kendall County Health Department during normal business hours, and 24/7 through the emergency crisis line @ (630) 553-6314.

### Service Modalities

- Prevention/diversion services to reduce the overall prevalence of problem behaviors.
- Indicated prevention/diversion services to promote personal development.
- Face-to-face crisis and suicide intervention at the Kendall County Health Department.
- Crisis and suicide prevention in the provision of all client mental health services.
- 24 hour 7 day a week emergency telephone crisis service is available at (630) 553-9100.
- Telephone crisis intervention.
- Walk-in crisis intervention.

## Program Philosophy

Kendall County Health Department clinical licensed social workers, psychologists, chemical dependency counselors and skilled mental health professionals provide comprehensive mental health services to Kendall County residents of all ages and economic levels regardless of their ability to pay. Individual, marital, family and group counseling are available as well as parent education, psychological testing, and medication management services designed to contribute to children and families leading happier independent lives. The philosophy of intervention is to reduce in small steps the impact of unhealthy behaviors (harm reduction) on children and their families and on the community in which they live, work, and play.

The culture, age, gender, sexuality, spirituality, language, and socioeconomic status of persons served shall be taken into active consideration with every service endeavor.







### For more information contact:

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