THE CONSTRUCT OF MENDALS

COUNTY OF KENDALL, ILLINOIS

Health & Environment Committee County Office Building County Board Room 210

Monday, July 15, 2019 – 8:30a.m. MEETING AGENDA

- 1. Call to Order
- 2. Roll Call: Judy Gilmour (Chair), Robyn Vickers (Vice Chair), Elizabeth Flowers, Scott Gengler, Tony Giles
- 3. Approval of Agenda
- 4. Approval of Minutes from June 17, 2019
- 5. Status Reports

 Board of Health
 Health Department
 - ☐ Soil & Water
 - ☐ Water Related Groups
 - ☐ Other Reports
- 6. Old Business
- 7. New Business
 - > Energy Efficiency Ideas for County Departments
- 8. Chairman's Report
- 9. Public Comment
- 10. Questions from the Media
- 11. Action Items for the County Board
- 12. Executive Session
- 13. Adjournment

COUNTY OF KENDALL, ILLINOIS

Health & Environment Committee Monday, June 17, 2019

Meeting Minutes

CALL TO ORDER

The meeting was called to order by Chair Judy Gilmour at 8:30a.m.

ROLL CALL

Attendee	Status	Arrived	Left Meeting
Judy Gilmour	Here	·	
Robyn Vickers	Here		
Elizabeth Flowers		8:35a.m.	
Tony Giles	Here		

OTHERS PRESENT: Steve Curatti, Kendall County Health Department, Michelle Hawley, Assistant Director of Mental Health, Kendall County Health Department, Amaal Tokars, Executive Director, Kendall County Health Department

<u>APPROVAL OF AGENDA</u> — Member Giles made a motion to approve the agenda, second by Member Vickers. <u>With three members present in agreement, the motion carried.</u>

<u>APPROVAL OF MEETING MINUTES</u> – Member Giles made a motion to approve the meeting minutes from April 15, 2019, second by Member Vickers. <u>With three members present voting aye</u>, the motion carried.

STATUS REPORTS

- ➤ Board of Health Member Giles reported that the Health Department's current priority is the creation of the Dental Office, the proper bids for work on the facility, and the need to proceed as soon as possible to meet the needs of the citizens. The Board of Health is scheduled to meet on Tuesday, June 18, 2019.
- ▶ Health Department Michelle Hawley, Assistant Director of the Behavioral Health Division explained two new programs, the first being "Thinking for a Change" (T4C) in which they are collaborating with Court Services. Hawley stated that staff from the Health Department and Court Services have already attended facilitator training. T4C is an Integrative Cognitive Behavioral program that was started in the 90's by the National Institute of Corrections, and is based on the principle that our thinking controls our actions. The population they will be working with is high-risk offenders. T4C is based on three components: Cognitive Self-Change, Social Skills and Problem-Solving Skills. While the

individuals are in the 25- session program, they will focus on these three areas, in small groups with Court Services and Health Department staff facilitating each group.

The second program is "Partner Abuse intervention Program (PAIP)", which is a program designed to assist clients in stopping their abuse of their partner, whether it's physically, sexually, emotionally, or economically. This is 26-week psycho-social approached DHS approved program for men and women that attempts to get to the root of the abuse, and assist them in working toward long-term change. This program is often a mandatory program required by the court. The program will be offered for men and women that abuse their partners. Staff will continue training in September, and ensure that every group will have a male and a female facilitator.

> Kendall County Soil and Water District – Member Vickers read the report sent electronically by Megan Andrews:

The District staff is working on final preparations for the Farm Camp scheduled for Tuesday, June 18, 2019 at Kellogg Farms in Yorkville.

They held the Natural Resources Tour on May 8th (reduced to one day due to inclement weather), Education Coordinator Hannah Raver finished with Ag in the classrooms in May, and preparations for the new school year are already under way. Hannah will be assisting with The Conservation Foundation's Farm Camp at the end of June. Hannah is also preparing for The Summer Ag Institute, a continuing education opportunity for teachers that brings together four counties for local farm and crop learning activities.

Megan is working with their federal partners on Farm Bill programming as well as working with cover crop resources/program opportunities that might be helpful with the preventative planting this season. Staff will soon begin preparations for the Kendall County Fair in early August.

They held the annual Used Oil Drop Off on Saturday, June 15, where they collected used oil, antifreeze and oil filters.

- ➤ Water Related Groups No report
- > 708 Mental Health Board Robyn Vickers reported on the recent meeting and review of grant applications. Member Vickers stated there was one new applicant this year, Screening, Assessment and Support Services (SASS), a crisis program that provides a 90-day intensive based service and care program for children, adolescents and their families in crisis. Vickers said that this is a multi-service agency that serves clients in Kane and Kendall Counties and the surrounding area, and that their federal funding abruptly ended last year.

Vickers also reported that The Oswego Senior Center is seeking additional funding for their new program "Lighthouse Adult Day Stay (Respite)", a social model program for participants who are experiencing mild to moderate memory loss, but who can interact with out physical assistance. Participants can gain social interaction, explore continued interest and improve their quality of life.

OLD BUSINESS - None

NEW BUSINESS - None

<u>CHAIRMAN'S REPORT</u> – Amaal Tokars updated the group on the Solid Waste Plan Committee on May 28, 2019. They reviewed the compost objectives and focused on the issue of recycling, what has changed, what's new, the statistics of recycling materials, plastic use, recycling by China, and new recycling methods. The committee voted on the following objections

- 1. Educate and promote recycling and source reduction within Kendall County, County departments, and government and public entities
- 2. Interact with local schools, clubs, senior groups and community groups in Kendall County on ways to promote and practice recycling and source reduction (using less plastic and producing less)
- 3. Using social and mainstream media including the Kendall County Green Pages to incorporate information on source reduction and recycling and other actions to aid proper waste management
- 4. Identify and communicate methods by which to practice safe and proper disposal of residential household hazard waste, pharmaceutical waste, Sharps and E-waste
- 5. Encourage Waste Haulers to provide greater clarity to evolving recycling processes to their customers
- 6. Recognize businesses within Kendall County who practice innovative waste reduction and recycling
- 7. Interact with municipalities, villages and townships within Kendall County on financial benefits and best practices in managing municipal solid waste and data sharing

PUBLIC COMMENT - None

ITEMS FOR COMMITTEE OF THE WHOLE - None

COUNTY BOARD ACTION ITEMS – Nothing

EXECUTIVE SESSION - Not Needed

<u>ADJOURNMENT</u> – Member Flowers made a motion to adjourn the meeting, second by Member Giles. <u>With four members present voting aye, the meeting was adjourned at 9:18a.m.</u>

Respectfully Submitted,

Valarie McClain
Administrative Assistant and Recording Secretary

Kendall County Operational Sustainability/Green Plan Ideas

Mera Johnson

- Employee working group to come up with a plan/ideas
- Solicit ideas give small prize, eg water bottles
- Energy Audit
- Idle Vehicle Policy
- Reusable water bottles, water coolers
- Lighting Policy/ Plan Use Natural Light as much as possible
- Grants for the Federal Gov i.e Department of Energy Block Grant
- Carpooling / Tele conferencing
- Bike to Work Program
- Electric charging stations
- Look at Snow Plow routes
- Reduce Salt Use
- Wellness Program
- Permeable Pavers
- Green Landscaping Practices
- Green Purchasing Program Toilet paper, lighting, filters
- Surplus Exchange Program between Departments
- Dual Flush Toilets
- Convert to electronic bidding process
- environmentally friendly cleaning products, office paper supplies, remanufactured or recycled toners
- confidential document shredding program
- use 100% post-consumer recycled content paper and other recycled content
- Develop a green purchasing program NaCo has one with examples
- Permeable pavers and bio swales
- Cool roofs, hvac systems and energy management systems
- E recycling program
- Purchase Energy star appliances and
- Eliminate unused and underused buildings from County Inventory
- Install Recycling Guideline Posters
- Join the state electronics challenge through the IT Dept for green purchases and e recycling
- Turn computers and lights off at the end of the day
- Quarterly e-recycling newsletter to employees
- Coffee mugs and other reusable cups
- Wellness Screenings
- Wellness Newsletter
- Alternative Fuel Vehicles
- Electric Car Chargers
- **Recycle vehicle maintenance Material motor oil, tires etc**
- Heathy vending machine options
- Point of decision signs encouraging stairway use
- Install bike racks at all facilities
- Landscape islands and cool pavement in parking lots
- Open Space Eco systems and plants, planters

- Employee Produce exchange program
- Storm water Management Plan
- Faucets and showerheads

Meagan Briganti

Here are some ideas to bring to the next meeting on this subject:

- Green business cards such as recycled paper, chlorine-free paper, vegetable based ink, soy ink, non-toxic toner
- Improve the environment outside by
 - o planting trees
 - o edible landscaping
 - o improving or adding habitats for butterflies, bees, and bats
 - o increase greenspace
 - using the backyard of the Hart house for outdoor eating space or inviting employees to use the space for gardening
 - installing a green roof which would reduce impervious surfaces, increase plant life for butterflies and bees, and improve the view from COB when looking at the Annex
 - to be fair, this can be quite a big undertaking especially for older buildings
 - o reduce impervious surfaces where possible (big ticket item, but replacing the parking lot with pervious materials)
 - o utilize rain barrels to collect the rain then use to water the landscaping (saves money)
 - o encourage employees to use alternative transportation to work (walk, bike, public transit) or carpool with coworkers
 - potentially offering telecommuting once a month or once a week for those that can
- Improve the environment inside by
 - o adding plants 1500 sq.ft. office needs 15-20 plants to get the full air cleaning effect
 - can also do a living wall of plants if floor space is an issue
 - o replacing cleaning supplies with green products to reduce toxic cleaners
 - o open doors and windows for fresh air and eliminating need for AC on nice days
 - I know our windows are not set up for this, but maybe they can be cracked open or blocked from opening too wide?
- Other actions
 - Adopt-a-highway program and encourage employees to volunteer
 - Locally sourced food programs
 - Victory garden
 - If we do a garden at the Hart house, we can also implement sustainable waste management products with composting supplies and worm bins – both these things can reduce our overall waste by being able to compost some paper and food
 - Subsidized memberships for local farm co-ops
 - Educating employees on local restaurants, local food trucks, and local farms



COLLABORATING FOR SUSTAINABLE COMMUNITIES

The member municipalities of the Metropolitan Mayors Caucus seek a vibrant, sustainable future for their communities and the greater Chicago region. The consensus goals of the Greenest Region Compact alm for enhanced quality of life for residents; protection and stewardship of the environment and sustainable economic vitality.

To become the most sustainable and successful region in the United States, they, therefore, support the following consensus goals of the Greenest Region Compact and agree to work to achieve them, both in their own communities and in collaboration throughout the region:



Climate

- Reduce greenhouse gas emissions
- Maintain clean and healthful air
- Develop resiliency to climate change impacts
- Engage the community in climate change mitigation and adaptation



Economic Development

- Promote innovation and a competitive workforce
- Cultivate local and sustainable development, jobs, and businesses



Energy

- Use energy for buildings and facilities efficiently
- Advance renewable energy
- Reduce energy consumption
- Enact policies that support clean energy
- Engage the community in clean energy practices



Land

- Encourage strategic development that upholds sustainability principles
- Conserve, restore and enhance natural features and ecosystems
- Support networks of accessible, well-used, and enjoyable parks
- Sustain a robust urban forest canopy
- Sustain beautiful landscapes that provide ecosystem services
- Achieve greater livability through sustainable land use and housing policies
- Cultivate a conservation ethic in the community



- Enlist support for GRC2 goals through regional, state and national leadership
- Advocate for policies that align with and advance the GRC2
- Work collaboratively towards a sustainable region

Mobility

- Support safe and effective active transportation
- Maintain a diverse, safe, and efficient transportation network
- Support efficient transportation that uses resources wisely
- Integrate sustainability into transportation policies, programs, and regulations
- Promote public and sustainable transportation choices

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Municipal Operations

- Lead by demonstrating sustainable values and practices
- Integrate sustainability into all municipal operations
- Operate a safe, clean and efficient fleet
- Collect and manage data to advance sustainability



Sustainable Communities

- Promote cultural vibrancy in the community
- Foster a culture of health, safety, and wellness
- Increase access to sustainably grown local food
- Sustain community principles that are welcoming, inclusive and equitable
- Promote a sustainable Identity for the community
- Ensure local policies and codes support sustainability
- Cultivate community values based on principles of sustainability



Waste & Recycling

- Support sustainable material management
- Recycle materials across all sectors
- Divert waste from landfills
- Enact policies that cause sustainable material management
- Engage the community in waste reduction and recycling



Water

- Use and distribute water efficiently
- Protect and improve and water quality
- Manage water system assets sustainably
- Optimize the use of natural and built systems to manage stormwater
- Practice stewardship of water resources
- Enact policies to protect water resources
- Engage the community in water stewardship

